

machines, glad irons and collar machines. The staff who work here are provided with dressing and bath rooms. Members of the Nursing Staff are allowed a maximum of 3s. 6d. per week for laundry, but all articles are washed at a very cheap rate. The perfect goffering of the Sisters' caps, of whom there are a hundred, excited considerable interest.

Cookery Class Room.

Next we visited the Cookery Class room, with demonstration table; here probationers from the Preliminary Training School cook from memory what has been demonstrated to them on the previous day. The walls are hung with Diplomas of Honour gained by the Hospital at the Universal Cookery and Food Exhibition. In the class rooms there is a very full tuitionary equipment; and there is a model to scale of the various drains, traps and ventilation shafts used in a building.

The Dietetic Department.

The Class greatly valued a brief visit to the dietetic

them, and how to sterilise the hypodermic syringe are given to each patient on leaving.

The dietetic department also includes a large out-patient clinic numbering about 3,300 cases. This clinic serves the needs of both medical and surgical sides of the hospital. The patients, having first seen the doctor, visit the nurse dietitian, who arranges their diets according to the prescription. Their individual and economic needs are taken into consideration, and they are taught how to vary their food according to season and to their convenience. When necessary they are referred to the lady almoner. A card index is kept of this clinic, which is always available to the physicians and surgeons in charge of the various cases which are referred to the dietitian from all the departments in hospital.

The Nurses' Homes.

Two of the very fine Nurses' Homes were next visited, first the Eva Lückes Nurses' Home opened in 1905. In the Hall is the enquiry office where the staff call for letters, etc. Here is found the Nurses' sitting-room of fine dimensions. In its design are two immense bay windows with seats, open fires at each end of the room, and a large alcove leading off forms the Library. Two Sisters act as Librarians, 1s. a quarter is the subscription for membership, and the library is open on two evenings a week.

At the request of Miss Lückes (in her will) a very fine portrait of Lord Knutsford was painted by Sir Oswald Birley and presented to the Lückes Home.

The Edith Cavell Nurses' Home, in whose memory it is named, opened by H.R.H. Queen Alexandra, the furnishing of which is practically arranged, the wardrobe, dressing-table



THE COVERED WAY, LONDON HOSPITAL GARDEN.

department and metabolism ward of the Hospital. Here they saw preparations being made for the supper meal, with some trays on which all the food was weighed to suit the needs of the individual patients.

The diets in this department are written by the doctors in prescription form, interpreted and worked out into meals by the nurses, who also do all the cooking for these patients.

The patients in the metabolism ward all require special diets. These include diabetic cases; patients with bone diseases, who are given high calcium diets; patients with anæmia, who are given foods rich in iron and marmite.

Other cases of the diseases of metabolism are nursed here, and a good deal of original research is done, most of the necessary detail being controlled by the nursing staff.

The patients are taught by the nurses how to manage their diets at home, and when necessary they learn how to cook their special food.

The Sister-in-Charge explained how patients were taught to inject Insulin while in hospital, to enable them to continue the treatment after leaving. Leaflets giving full instructions of food values, diet recipes of how to cook

and washhand stand and linen box are fixtures, an ample writing table being a notable feature. Stepping into one of the Sister's bed sitting-rooms conveyed in every sense the atmosphere of "a room of one's own." The charming sitting-room in this building is L shaped, the chintz coverings on the easy chairs and chesterfields artistically tone with the blue carpet and rugs, and some fine etchings and water colours adorn the walls. Placed at the end of this room is a bust of Edith Cavell by Sir George Frampton, by which is placed within a small glass case a fragment of the Belgian Flag and a piece of the stone on which she stood at the time of her execution.

From here we passed to another delightfully appointed apartment, where the Nursing Staff may receive and entertain their visitors to tea or otherwise.

We then returned to the main entrance and from the steps look into the garden surrounded with its copper-roofed colonnade. In the centre stands the statue of Queen Alexandra, who was a devoted friend of the London Hospital. Our inexhaustibly kind guide alluded to the memorable bazaar held here in 1921, when this revered

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